

# GUARDIANS OF THE HEARTH

Protecting the light around which our families gather

Share knowledge (1 Nephi 1:1)

Love and serve one another

Testify of Christ (2 Nephi 25:26)

Be true to God and one another

Be an example (Alma 56:46-48)

Pray together

Be a nurturer

Work together

Establish good habits

Repent and forgive

Teach about divine nature and destiny

Play together

Make and keep covenants

Practice principles of self-reliance

Be chaste

I have commanded you to bring up your children in light and truth.

Doctrine & Covenants 93:40

The hearth, and the fire within, was once the center of domestic and social life because it provided warmth, illuminated homes, and cooked food. Placement in the center of the house maximized the number of people able to get around the warmth of the fire. If Jesus Christ is the center of our homes - the light that illuminates, warms and nurtures - women are the guardians and caretakers of that light. The paper lantern represents women and the things we can do to guard the light in our homes as we follow Christ's doctrines and rely on Him to help us.

Instructions to make paper lantern: Cut on dotted line. Fold in half so the back of "Guardians of the Hearth" touches the back of the scripture reference. Cut through the fold and down the printed lines. Unfold and bend paper into a circular shape. Tape end together. Place a tealight candle and holder in center of lantern.