

Sincerely Desire

We first should desire, yearn for, and seek the companionship of the Holy Ghost.

Do we desire, yearn for, and seek the companionship of the Holy Ghost?

What might distract us from seeking the Spirit?

Appropriately Invite

We more readily receive and recognize the Spirit of the Lord as we appropriately invite Him into our lives.

How can we invite the companionship of the Holy Ghost into our lives?

What might cause the Spirit to withdraw from us?

Faithfully Obey

Faithfully obeying God's commandments is essential to receiving the Holy Ghost.

Everything the Savior's gospel teaches us to do and become is intended to bless us with the companionship of the Holy Ghost. How does this knowledge affect how you approach church attendance, scripture reading, partaking of the sacrament, temple attendance and obeying the commandments?

"Tell the people to be humble and faithful and [be] sure to keep the Spirit of the Lord and it will lead them right. Be careful and not turn away the small still voice; it will teach [you what] to do and where to go; it will yield the fruits of the kingdom. Tell the brethren to keep their hearts open to conviction so that when the Holy Ghost comes to them, their hearts will be ready to receive it. They can tell the Spirit of the Lord from all other spirits. It will whisper peace and joy to their souls, and it will take malice, hatred, envying, strife, and all evil from their hearts; and their whole desire will be to do good, bring forth righteousness, and build up the kingdom of God. Tell the brethren if they will follow the Spirit of the Lord they will go right" (Teachings: Joseph Smith, 98).