



As we touch the temple and love the temple, our lives will reflect our faith. As we go to the holy house, as we remember the covenants we make therein, we will be able to bear every trial and overcome each temptation. The temple provides purpose for our lives. It brings peace to our souls—not the peace provided by men but the peace promised by the Son of God when He said, “Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.”

-President Thomas S. Monson