

STAND

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= PLACES =

and be not moved





YW Motto and Logo

The Young Women motto is
"stand for truth and
righteousness."

The Young Women logo is
a torch surrounded by
the Young Women motto.

The torch represents
the light of Christ,
inviting all to
"come unto Christ"
(Moroni 10:32).

Young Women Theme

WE ARE DAUGHTERS of our Heavenly Father,
who loves us, and we love Him.

WE WILL "STAND as witnesses of God at all times
and in all things, and in all places" (Mosiah 18:9)
as we strive to live the Young Women values, which are:

Faith • Divine Nature • Individual Worth
Knowledge • Choice and Accountability
Good Works • Integrity • and Virtue

WE BELIEVE as we come to accept and act
upon these values, WE WILL BE PREPARED
to strengthen home and family,
make and keep sacred covenants, receive
the ordinances of the temple, and enjoy
the blessings of exaltation.

The beehive was a symbol of harmony, cooperation, and work for the early pioneers of the Church. Beehive was also the first name by which young women were known. Beehives today learn to work together in cooperation and harmony as they strengthen their faith in Jesus Christ and prepare to stand for truth and righteousness.

This is a time to "arise and shine forth" (D&C 115:5).



Beehives

The name Mia Maid refers historically to the Mutual Improvement Association, which adopted the emblem of the rose as a symbol of love, faith, and purity. Mia Maids today learn about love, faith, and purity as they strengthen their testimony and accept and act upon the Young Women values.



Mia Maids

A decorative flourish or scrollwork design, consisting of symmetrical, swirling lines that form a central floral or leaf-like shape.

For centuries the laurel wreath has been a crown woven from the leaves of the laurel tree. It is given to someone who finishes a significant achievement as a symbol of honor and accomplishment. Laurels today are finishing their preparation to make and keep sacred covenants and receive the ordinances of the temple.



Laurels



The Purpose of Personal Progress



1. Strengthen your testimony of Jesus Christ.
2. Strengthen both your present and future families.
3. Prepare to be worthy to make & keep sacred temple covenants.
4. Prepare for your future roles and responsibilities.

Young women work with their parents, Young Women leaders, and other exemplary women to set and accomplish goals based on the eight Young Women values. Personal Progress can help parents and leaders improve their relationship with young women as they work together.

Torch Pendant



You will receive a torch necklace with the Young Women torch logo on it. Wearing this necklace signifies your commitment to hold up your light and stand for truth and righteousness.



Value Experiences & Projects

- ➡ You may work on the values in any order.
- ➡ Complete the required value experiences before starting the project for that value, with the exception of reading the Book of Mormon for the value of virtue.
- ➡ Have a parent, leader or another adult approve projects and elective value experiences before you begin.
- ➡ You may invite others to help with value projects, but each project must take a minimum of ten hours of your own time.

Pacing

- ➡ You may work at your own pace
- ➡ But always be working on at least one experience or project
- ➡ Complete at least one experience a month
- ➡ Complete one project every six months (2 projects a year)

Recognition



1. Gold emblems on achievement page (p. 78)
2. Scripture bookmark and ribbon
3. Beehive, Mia Maid and Laurel certificates
4. Young Women in Excellence

Young Womanhood Recognition

1. Attend sacrament meeting regularly.
2. Live the standards in For the Strength of Youth.
3. Complete the value experiences & project for each 8 values.
4. Keep a personal journal.
5. Attend seminary.
6. Read the Book of Mormon regularly.
7. Record your testimony of the Savior Jesus Christ.



Honor Bee



The Honor Bee charm was historically given to young women who were willing to do more than was required.

- ➡ Earn after receiving your Young Womanhood Recognition
- ➡ Read the Book of Mormon again.
- ➡ Serve others for a total of 40 hours - some hours should include mentoring another young woman with her personal progress